

- Only 26% of individuals with mental illness or phobias lasting 12+ months are employed.
- Serious mental illness leads to a 32% reduction in earnings compared to the median.
- Young people in the lowest income bracket are 4.5 times more likely to experience severe mental health problems than those in the highest income bracket.

We provide **training** and **employment** to people living with **mental health problems**, so they can **develop skills** in film and media production

Inside Job Productions focus is on developing skills in film and media production.

We aim to address the inequality and exclusion faced by people with mental health conditions in the workforce.

almost
400
hours of employment
paid for by IJP



Having someone believe in me at a time when I had so little belief in myself was life-changing.

When I first joined Inside Job Productions my confidence was incredibly low, and through the support and encouragement of the team throughout my time at IJP, my confidence grew enormously.

Every day in my job now I use the invaluable skills Inside Job Productions taught me – how I show up at work and the attitude and confidence I bring to my role.

OUR IMPACT



IMPROVED CONFIDENCE

Our trainees experience a significant boost in self-confidence

SKILLS DEVELOPMENT

Trainees gain valuable skills in film production and media

SOCIAL DEVELOPMENT

We use media to address important social issues, such as mental health and criminal justice

COMPASSION

Trainees develop greater empathy and compassion through their work



24
projects delivered



6

young people completed
the training programme

Tallulah Self,
IJP Production Trainee Graduate